

SPECIAL ARTICLE / 10 BEST MEDICAL TOUR

SPINE TREATMENT AND A LIGHT WALK



Proper treatment of the backbone will enhance the quality of life. We strive to enhance the level of patients' satisfaction through cooperative treatment by Korean medicine and western surgical and non-surgical treatments like high-frequency therapy, acupuncture, and exercise cure. We provide professional services specializing in joint/backbone/nervous system treatment and rehabilitation.

ADVANTAGES OF DAEJEON ORTHOPEDIC SERVICE

- ▶ **Non-surgical backbone treatment** Many patients express satisfaction with our non-surgical backbone treatment such as burning off diseased areas in backbone with high frequency.
- ▶ **Prolotherapy** Prolotherapy or regenerative injection therapy is a tissue treatment by injecting an irritant solution into a joint space, a weakened ligament, or a tendon insertion to relieve pain.
- ▶ **Sports medicine centers** Physiatrists and professional trainers at these places enhance treatment effects with spinal manipulation, exercise cure, extracorporeal shock wave therapy, etc.
- ▶ **MRI technique** Annually about 200,000 patients of disc/arthritis case are treated with the use of magnetic resonance imaging (MRI) technique.
- ▶ **Korean medicine and western medicine's cooperative treatment** We help patients build their skeletal strength using acupuncture and massage therapy based on diagnosis with hi-tech equipment.
- ▶ **Muscle injury rehabilitation** We find out treatment methods suitable for individual patients by observing their walking habits, etc without having them go through expensive medical.

LEADING HOSPITALS IN BONE/VERTEBRA TREATMENT

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|--|---|--------------|
| ▶ Konyang University Hospital | 158, Gwanjeodong-ro, Seo-gu, Daejeon | 042-600-9999 |
| ▶ Daejeon Sun Hospital | 29, Mokjung-ro, Jung-gu, Daejeon | 042-220-8080 |
| ▶ United Orthopedic Hospital | 619, Gyeryong-ro, Seo-gu, Daejeon | 042-536-0911 |
| ▶ Baroseum Hospital | 107, Dunsannam-ro, Seo-gu, Daejeon, 6 th floor | 042-489-8888 |
| ▶ Sohn's Orthopaedic Clinic | 239, Bomun-ro, Jung-gu, Daejeon | 042-255-9912 |
| ▶ Daejeon Jaseng Hospital of Korean Medicine | 58, Munjeong-ro 48beon-gil, Seo-gu, Daejeon | 1577-0006 |
| ▶ Daejeon Wellness Hospital | 2, Dongseo-daero 1777beon-gil, Daedeok-gu, Daejeon | 042-712-8500 |
| ▶ Youchuck Hospital | 36, Songchonbuk-ro 36beon-gil, Daedeok-gu, Daejeon 8 th ,9 th floor | 042-632-0110 |
| ▶ Surgetop hospital | 238, Daedeok-daero, Seo-gu, Daejeon 4 th ,5 th ,6 th , floor | 042-484-9898 |

TOURISM INFO/ TRAVEL & SPECIAL PERFORMANCE

Gyejoksan Red Clay Trail



Gyejoksan Red Clay Trail is the first healthy road based on the theme of walking barefoot in South Korea. You can fully enjoy bracing air while strolling on the red clay scented with pine and see panorama of Daejeon city in Mountain fortress of Gyejok.

- **Location:** 453-1, Jang-dong, Daedeok-gu, Daejeon, Republic of Korea
- **Contact:** +82-42-270-7865

Yuseong Hot Springs



Yuseong is located in center of the city has known to as Hot spring. You can put your feet on the hot spring water and take a rest. 4 outdoors foot spa facilities are equipped with natural thermal water and 200 people can enjoy foot spa at the same time. Moreover, Oriental medicine foot spa areas are ready for you to enjoy special hot spring depends on your constitution.

- **Location:** 574, Bongmyeong-dong, Yuseong-gu, Daejeon, Republic of Korea
- **Contact:** +82-42-611-2445
- **Operating hours:** 7am to 23pm

Jangtaesan Natural Forest



It is a natural recreational forest of 82,644,628 square meters in Jang Tae San, and is one of the eight seas of Daejeon. The recreational forest is unfolded as you pass through the reservoir of the mountain entrance, and you can watch the beautiful glow of the setting sun at the observator of the brother rock.

- **Location:** 461, Jangan-ro, Seo-gu, Daejeon, Republic of Korea
- **Contact:** +82-42-270-7883

출처: http://korean.visitkorea.or.kr/kor/bz15/where/where_tour.jsp?cid=1720749

DAEJEON YEONJEONG KOREAN TRADITIONAL MUSIC CENTER

Daejeon Yeonjeong Korean Traditional Music Center opened in 1981 and it is the best traditional Korean music center in Central area of South Korea showing the best performances that cross traditional and modernity. They run variety of programs including court music, folk music, creative music, Korean traditional opera, traditional dance that you can see during the whole year.

- **Location:** (35204) 181, Dunsan-daero, Seo-gu, Daejeon, Republic of Korea
- **Contact:** +82-42-270-8500
- **Homepage:** <http://www.koreamusic.go.kr/>



Saturday regular Traditional music performance

Date: Every Saturday from Oct. 14, 2017
Time: 14:00
Admission Fee: Free



Dance Drama 'flower bloomed in the garden'

Date: Dec. 10th, 2017
Time: 17:30
Admission fee: 10,000won each seat



2017 Traditional melody blared out in the morning

Date: Nov. 29th, 2017
Time: 11:00
Admission fee: 10,000won for each seat

□ 병원소개

<ISO 9001 Obtained quality management system certification>

*Treatment Area

Spine disease, joint disease, sport injury/rehabilitation

*Specialized medical treatment area

RACZ The cause of backache and skeletalgia is that the pain would come from edema, infection, synchia nerves, etc.

Muscle Stimulating Treatment(IMS) is easy procedure method to remove the pain of neck and back, using only simple needle, which do not be cured from general physical therapy and meditation.

High Frequency Nerve Treatment

As patients have problem with their disc but dose not need surgery, or as patients do not suffer disc but has strong pain, etc, all cases are adopted. After the parts of the pain is founded, the heat will be added with high frequency needle injection. Since the heat is generated in the affected area where the needle is inserted, it is able to block 2~3mm of a nerve without any damage around tissue.

FIMS Method

FIMS Method effectively treats neuralgia while sensitive tissue and nerve edema are stabilized.

▶Homepage: www.baroseumspine.com

▶Contact: 042-489-8888



Baroseum
Hospital

Surgetop Hospital is specialized in spinal joint treatment, and equipped special medical equipment. It has 77 beds with high quality interiors to provide pleasant and comfortable living during the treatment. Differentiating customer satisfaction



Surgetop
Hospital

*Specialized Treatment Area

Disc prolapse

Spinal Stenosis

Scoliosis

Rotator Cuff Tear

Cruciate Ligament Tear

Degenerative Arthritis

▶Homepage: surgetop.co.kr/default

▶Contact: 042-484-9898